



DR. CORINA DUNLAP

NATUROPATHIC DOCTOR, RESEARCHER

Education

DOCTOR OF NATUROPATHIC MEDICINE, JUNE 2014

NATIONAL UNIVERSITY OF NATURAL MEDICINE, PORTLAND, OR 2011-2014

Completed an accredited program of coursework and supervised practice in botanical medicine, nutrition, physical medicine, hydrotherapy, IV therapy, homeopathy and minor surgery with extensive training in advanced gynecology, naturopathic primary care, and research.

Clinical Rotations

(completed during ND coursework until June 2014):

- Kimberly Windstar, ND, Women's Health - 6 terms
- Leslie Nicholas, ND, General Practice at Outside In Medical Clinic - 3 terms
- Martin Milner, ND, a & Pulmonary Medicine - 2 terms
- Amy Bader, ND, General Practice - 2 terms
- Timothy Irving, DC, Physical Medicine - 1 term
- Leslie Fuller, ND, IV Therapy - 1 term
- Daniel Delapp, ND, DC, LAC, Minor Surgery - 1 term

Rotations

(completed during residency):

- Tori Hudson, ND, Women's Health, 500 hours
- John Hesla, MD, Reproductive Endocrinology, 112 hours
- Laura Korman, MD, Gynecology, 72 hours
- Laura Greenberg, MD, Gynecology and Reproductive Endocrinology, 72 hours
- Karin Selva, MD, Pediatric Endocrinology, 96 hours
- Carrie Baldwin Sawyer, ND, Primary Care, Endocrinology, Cardiology, 135 hours
- Bonnie Nedrow, ND, Pediatrics, Environmental Medicine, Botanical Medicine, 58 hours
- Carolyn Nygaard, ND, Endocrinology, Immunology, Fertility, Pediatrics, Midwifery, 47 hours
- Charles Elder, MD, Internal Medicine and Ayurveda, 31 hours
- Amy Bader, ND, Primary Care, 24 hours

MASTER OF SCIENCE IN INTEGRATED MEDICINE RESEARCH, JUNE 2014

NATIONAL UNIVERSITY OF NATURAL MEDICINE AND HELFGOTT RESEARCH INSTITUTE, PORTLAND, OR 2011-2014

Complete an accredited program of coursework in integrated medical research with a specific focus on public health, women's health, nutraceuticals, biotherapeutic drainage, and Ayurveda. See Additional Relevant Information A for Publications and Ongoing Research.

BACHELOR OF ARTS, ANTHROPOLOGY

SMITH COLLEGE, NORTHAMPTON, MA 1995-1998

- Emphasis on Medical and Environmental Anthropology, French Language, and International Relations.
- Graduate Institute for International Relations and University of Geneva, Geneva, Switzerland 1996-97 as part of Smith College Junior Year Abroad.

Related Experience

DECEMBER 2018-PRESENT

Corina Dunlap ND MS, PC, Portland, ME

Owner

FEBRUARY 2018-PRESENT

LOLA, NY, NY

Medical Research Advisor

OCTOBER 2015-PRESENT

Real Beauty Food, Portland, OR

Scientific Research and Medical Advisor

JUNE 2015-PRESENT

School of Research and Graduate Studies, School of Naturopathic Medicine, National University of Natural Medicine, Portland, OR

Adjunct Faculty

- Gynecology: Infertility NOS613
- Women's Health: Fertility and Beyond RES809E
- Medical Anthropology GSGH710E
- Research Practicum RES537

OCTOBER 2014-APRIL 2019

A Woman's Time, Portland, OR

Associate Naturopathic Physician (prior – PGY-1 & 2)

OCTOBER 2014-2016

Helfgott Research Institute at National University of Natural Medicine, Portland, OR

Postdoctoral Research Fellow

OCTOBER 2014-2015

National University of Natural Medicine, Portland, OR

Resident Naturopathic Physician - PGY-1

2013-JUNE 2014

National University of Natural Medicine, Portland, OR 2

Teaching Assistant

- Assists professor of Clinical Case Presentation (Fall 2013-ongoing) in weekly assignment grading.
- Assisted professor of Gynecology (Fall 2013) in midterm and final exam grading.
- Assisted professor of Palpation (Winter 2013) in answering questions and demonstrating as needed.

2013- JUNE 2014

National University of Natural Medicine, Portland, OR

Gynecology Lab Assistant

- Assists professor in weekly equipment set up and clean up for gynecology lab.

2013

National University of Natural Medicine, Portland, OR

Portland Triathlon Medical Tent Student Coordinator

- Organized communication between various triathlon representatives and NCNM facilities.
- Coordinated student volunteers for set up, event day first aid, and break down.
- Coordinated physician volunteers for supervision of medical first aid to race participants.

2013

Naturopathic Primary Care, Carrie Baldwin-Sayre, ND, Portland, OR

Clinical Office Assistant

- Managed patient communication and scheduling.
- Participated as front desk receptionist as needed.

2012-PRESENT

National University of Natural Medicine, Portland, OR

Honor Council Member

- Interviewed and was chosen to be a member of Honor council for 2012-13 and 2013-14 academic years.
- Participates in the review of cases brought before the honor council.
- Determines recommendation for appropriate disciplinary action.

2012-2013

National University of Natural Medicine, Portland, OR

Medicinary Assistant

- Assisted in the compounding of individualized formulas for patients in a busy naturopathic medicinary.
- Responsible for inventory management during shifts.

2011-2013

National University of Natural Medicine and Helfgott Research Institute, Portland, OR

Research Assistant

- Conducted research in various integrative medical topics.

2003

World Health Organization, India

Polio Eradication Program Volunteer

- Collaborated with The United Nations Children's Fund and Rotary International to provide polio vaccinations in areas where the disease was endemic.
- Implemented disease eradication strategy in isolated communities.

Additional Related Information

PUBLICATIONS/SPOTLIGHTS:

- Sadowski, A, Dunlap C, Lacombe A, Hanes D, Alterations in Heart Rate Variability Associated With Irritable Bowel Syndrome or Inflammatory Bowel Disease: A Systematic Review and Meta-Analysis, Clinical and Translational Gastroenterology, (2021).
- Dunlap, C, Non-pharmaceutical androgen-lowering agents in the treatment of hormonal acne, hirsute, and male-pattern balding, Townsend Letter, (2019).
- Dunlap, C, Interview with Association of Accredited Naturopathic Medical Colleges (AANMC), (2018), Access by: <https://aanmc.org/featured-articles/dr-corina-dunlap-numm/>
- Dunlap C, Ovarian Factor Infertility – Work-up & Natural Medicine Approach, Naturopathic Doctor News & Review, (2018).
- Dunlap C, PCOS Variants in the Management of Infertility; Low-androgen, Lean-type and Post Contraceptive Amenorrhea, Townsend Letter, (2018).
- Dunlap C, Evidence Based Botanicals for the Treatment of PCOS and Fertility, Townsend Letter, (2018).
- Dunlap C, Hanes D, Nygaard C, Elder E, Zwickey H, Reliability of self-reported constitutional questionnaires in Ayurveda diagnosis, Journal of Ayurveda and Integrative Medicine, (2017), <https://doi.org/10.1016/j.jaim.2017.04.011>
- Dunlap C, Go Forth and Multiply, Natural Practitioner, (August 1st, 2017), <http://naturalpractitionermag.com/go-forth-and-multiply/>
- Dunlap C, NCNM 2015-16 Viewbook, http://news.ncnm.edu/files/2015/08/Viewbook_2015-16_web4.pdf.
- Dunlap C, Windstar K, Zwickey H, Escharotic Treatment for ECC Positive CIN3 in Childbearing Years: A Case Report, Integrative Medicine – A Clinician's Journal, 13, 2, (2014), 43-48.
- Dunlap C, Student Researcher Spotlight: Corina Dunlap, Helfgott's Winter 2013 Newsletter, (2013), Access by: http://myemail.constantcontact.com/Helfgott-Research-Institute-at-NCNM--Winter-2013-Newsletter.html?soid=1102681734126&aid=ZgKnnR8_2NI.
- Windstar K, Dunlap C, Female Infertility: Applying Therapeutic Order to Assessment and Treatment, Naturopathic Doctor News & Review, 9, 12, (2013), 14.
- Dunlap C, Enos E, Thom D, Zwickey H, An Integrative Approach to Interstitial Cystitis, Explore: The Journal of Science and Healing, 9, 1, (2013), 48-52.

RESEARCH IN PROGRESS:

- Dunlap C, Nygaard C, Hanes, D, Tibbets D, Hudson T, Zwickey H, "Systematic Review of Natural Agents for Treatment of HPV-related Cervical Dysplasia."
- Beccia A, Dunlap C, Zwickey H, "Measuring subjective experiences of female eating disorder patients with naturopathic medicine: A mixed methods study."

PROFESSIONAL CONFERENCES (ATTENDED/PRESENTED):

- **(Speaker)** New England Fertility Society (1 talk; 1 roundtable), Top Supplements to Support Fertility, May 4th-5th, 2019, Mt Washington, NH
- **(Speaker)** Environmental Health Symposium (1 talk), EDCs and Infertility, April 12-14th, 2019, Phoenix, AR
- **(Speaker)** Fertility Intensive (4 talks), Research Updates and Management, Institute of Women's Health & Integrative Medicine, Foundational Fertility Guidelines, PCOS and Infertility, Thyroid Management for Fertility, Top Botanical and Nutraceutical Agents for Fertility, October 19th-21st, 2018, Portland, OR
- **(Speaker)** Fertility Intensive (2 talks), Botanical, Nutraceutical, Lifestyle Research Updates in Infertility & Thyroid Management in Preconception, Pregnancy, and Postpartum, Institute of Women's Health & Integrative Medicine, October 21st-23rd, 2017, Portland, OR
- **(Speaker)** PCOS and Infertility, Research Updates and Management, Women In Balance Institute, NUNM, March 2017, Portland, OR
- **(Research Abstract & Poster Presentation)** A multimodal treatment approach to interstitial cystitis/bladder pain syndrome (IC/BPS): a case series; Academy of Integrative Health & Medicine, October 30th-November 3rd, 2016, San Diego, OR
- **(Research Abstract & Poster Presentation)** Effects of the Combined use of N-Acetyl Cysteine (NAC), Probiotics, and Metronidazole Gel on Recurrence of Chronic Bacterial Vaginosis (BV) – An open-label, uncontrolled, pilot trial, October 30th-November 3rd, 2016, San Diego, OR

Additional Related Information *continued*

- **(Speaker)** Natural Medicine Approach to Ovarian Factor Infertility, Institute of Women's Health & Integrative Medicine, October 21st, 2016, Portland, OR
- **(Co-Speaker with Carl Sgarlata, MD)** Integrative Fertility and Preconception: Becoming Healthy for Pregnancy - Let's Take an Integrative Approach, National University of Natural Medicine, Grand Rounds, June 6th, 2016, Portland, OR
- **(Selected Attendee)** The Mary Frances Picciano Dietary Supplement Research Practicum, National Institutes of Health (NIH), June 7-9, 2016, Bethesda, MD
- **(Research Abstract & Poster Presentation)** Reliability of Self-Reported Constitutional Questionnaires in Ayurveda Diagnosis, International Congress on Integrative Medicine and Health (ICIMH), May, 2016, Las Vegas, NV
- **(Speaker)** Natural Medicine Approach to Ovarian Factor Infertility, Association of Perinatal Naturopathic Doctors (APND) Webinar, April 14th, 2016, www.apnd.org
- **(Research Abstract & Poster Presentation)** Reliability of Self-Reported Constitutional Questionnaires in Ayurveda Diagnosis, Academy of Integrative Health & Medicine, November, 2015, San Diego, OR

PROFESSIONAL LICENSES (CURRENT):

- Professional Licenses (current): Maine Naturopathic Physician, Oregon Naturopathic Physician, California Naturopathic Physician, New Hampshire Naturopathic Physician, Holistic Pelvic Care™ by Tami Kent; CPR and AED through American Heart Association.

AWARDS:

- Dean's List, Smith College, 1995-1998
- Blumberg Research Grant, Smith College, 1997
- NDNR Student Writer's Scholarship Finalist, NUNM, 2013
- Benedict Lust Award, NUNM, 2014